

PAL requirements	
Key Stage 3	Key Stage 4
<ul> <li>Careers Fair (during Academy hours) (annual for all year groups)</li> <li>Assembly with local FE provider(s) (at least one per year in KS3 for each year group)</li> <li>Apprenticeship assembly (local employer, training provider) (at least one per year in KS3 for each year group)</li> <li>Careers in the NHS (routes into the NHS) theatre group / workshop (Year 8)</li> <li>Employable Me (dropdown day / carousel of 6 workshops with local FEI, training providers, apprenticeship providers, employers)</li> </ul>	<ul> <li>Careers Fair (during Academy hours) (annual for all year groups)</li> <li>Assembly with local FE provider(s) (at least one per year for each year group)</li> <li>Assembly with local sixth form provider</li> <li>Apprenticeship assembly (local employer, training provider)</li> <li>Preparing for Next Steps (dropdown day / carousel of 6 workshops with local FEI, training providers, apprenticeship providers, employers)</li> <li>Sunderland College visit / taster sessions (Year 10)</li> </ul>
<ul> <li>Additional</li> <li>Weekly careers talks</li> <li>FE lunch time drop in sessions</li> <li>Workplace visits with opportunities to meet apprentices</li> <li>Visits to FEI and HEI</li> </ul>	<ul> <li>Additional</li> <li>Weekly careers talks</li> <li>FE lunch time drop in sessions</li> <li>Year 11 Next Steps Students and Parents Evening</li> <li>Workplace visits with opportunities to meet apprentices</li> <li>Hays Travel Meet the Apprentice workshop</li> <li>ASK assembly</li> <li>Visits to FEI and HEI</li> <li>Sunderland City Network Providers Annual Open Event</li> </ul>